

Directions

Clarian North Medical Center
Learning Center A-D
11700 N. Meridian Street
Carmel, IN 46032
www.clarian.org ▪ 317-688-2000



- I-465 North to Exit 31 (Meridian Street).
- North on Meridian Street to 116th Street.
- Left on West 116th.
- At traffic circle, take first exit onto North Illinois Street.

What do you want to Ask the Experts?

Make your notes here and bring this with you to the seminar.

6415 Castleway West Drive, Suite 114
Indianapolis, IN 46250



**American
Diabetes
Association**

Worried About Diabetes?

 American Diabetes Association.

Ask the Experts

A Patient Education Program



October 20, 2010
Clarian North Medical Center
Free of charge
Seating is limited

Brought to you in conjunction with

 **Clarian North Medical Center**

Anthem 
FOUNDATION

About the *Event*

Do you ever wish you could have more time with your doctor?

Do you have questions about preventing or managing diabetes?

Join the American Diabetes Association and Clarian North Medical Center for a free patient education program in which you interact with medical experts in the field of diabetes.

Bring your questions for our panel of experts and find out how you can better prevent or manage diabetes and live a longer, happier, healthier life.

Don't miss this unique opportunity to reach so many medical experts at one time!

PRE-REGISTRATION is recommended. Please call (317) 352-9226 to reserve your seat today.

Program

October 20, 2010

6 p.m. Registration

6:30 p.m. Your questions for our panel of experts

8 p.m. Adjourn

Light refreshments will be served

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Moderator



Stacia Matthews
6News Health Reporter

Stacia Matthews covers health issues important to Central Indiana residents as a reporter for 6News. She joins us as moderator for this Ask the Experts event to help raise awareness about

diabetes right here in our community.

Panel of *Experts*

Woodrow A. Corey, MD
Methodist Cardiology

Judith L. Farrant, RD, CD, CNSD, CDE
Nutrition/Dietetics, Clarian North Medical Center

William Hine, DDS
*Indiana Family Dentistry
Assistant Professor, IU School of Dentistry*

Barry F. Kriebel, MD
Nephrology & Internal Medicine

Vinny Polito, PharmD
Pharmacy, Clarian North Medical Center

Pooja Singal, MD
Endocrinology, Indiana Clinic

Daniel H. Spitzberg, MD, FACS
Whitson Vision & University Ophthalmology

Tracy Warner, DPM
Foot & Ankle Institute

CONTACT US

www.diabetes.org • (317) 352-9226
cdixon@diabetes.org

About *Diabetes*

Diabetes is a chronic disease with no cure. It can lead to serious complications such as heart disease, stroke, blindness, kidney disease, nerve damage and amputations. Diabetes kills more Americans each year than breast cancer and AIDS combined.

Diabetes can affect children and adults, men and women, and people of all ethnic backgrounds. More than 714,000 Hoosiers (nearly 23.6 million Americans) have diabetes. Sadly, 25% of those who have it don't yet know it, putting them at greater risk for complications of diabetes

before they are even diagnosed.



In addition, more than 1.6 million Hoosiers (about 57 million Americans) have pre-diabetes — the precursor to type 2 diabetes.

Join the American Diabetes Association in the Movement to **Stop Diabetes in Indiana**

and across the U.S. We are working hard to Stop Diabetes by researching a cure for all forms of this deadly disease; educating people about how they can stop the progression and complications of diabetes and, when possible, prevent type 2; and advocating for the rights of people with diabetes in schools and workplaces.

Please join the movement to Stop Diabetes by sharing your diabetes story with us at www.stopdiabetes.com.



American Diabetes Association.